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## INVITATION

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### **Intergenerational Leadership Dialogue: Mental Health at Work**

The Covid-19 pandemic has had a significant psychological impact on the workplace over the last three years. The mandatory lockdown, social distancing policies, isolation periods, transition from the office environment to remote working, and the uncertainty around job security, have all impacted employees' mental health. Destigmatising mental illness and mental health in the workplace is essential for transformation across the private sector and the public at large.

The **National Business Initiative (NBI)** invites you to our fifth **Intergenerational Leadership Dialogue on 'Mental Health at Work,'** on **27 July 2022**. The discussion will focus on addressing mental health needs as a key aspect of achieving transformation in the workplace.

This key dialogue will unpack the role of the private sector in extending mental health support in order to decrease psychological distress and improve performance. It will also highlight how organisations can better navigate shame, stigma, and stereotypes around mental illnesses.

The NBI has developed the Intergenerational Leadership Dialogues as a platform to critically explore how workplaces engage on generational differences, as an important aspect of transformation and equity. These discussions are intended to elevate the voices of young people at work, facilitate innovative thinking, and reimagine leadership.

**Join us for this critical discussion on how the private sector can ensure adequate mental health support is provided, including the impact this will have on the future of the South African workplace.**

<b>Date:</b>	<b>Wednesday, 27 July 2022</b>
<b>Time:</b>	<b>11:00 to 12:30 SAST</b>
<b>RSVP:</b>	Please click <a href="#">here</a> to register for this Zoom event, and then add the link to your calendar. Kindly respond by Monday, 25 July 2022.